

Adult seeking HIV PEPSE

(post-exposure prophylaxis following sexual exposure)

ED management

NB: Print this proforma to record the clinical encounter but keep online version open to access embedded hyperlinks

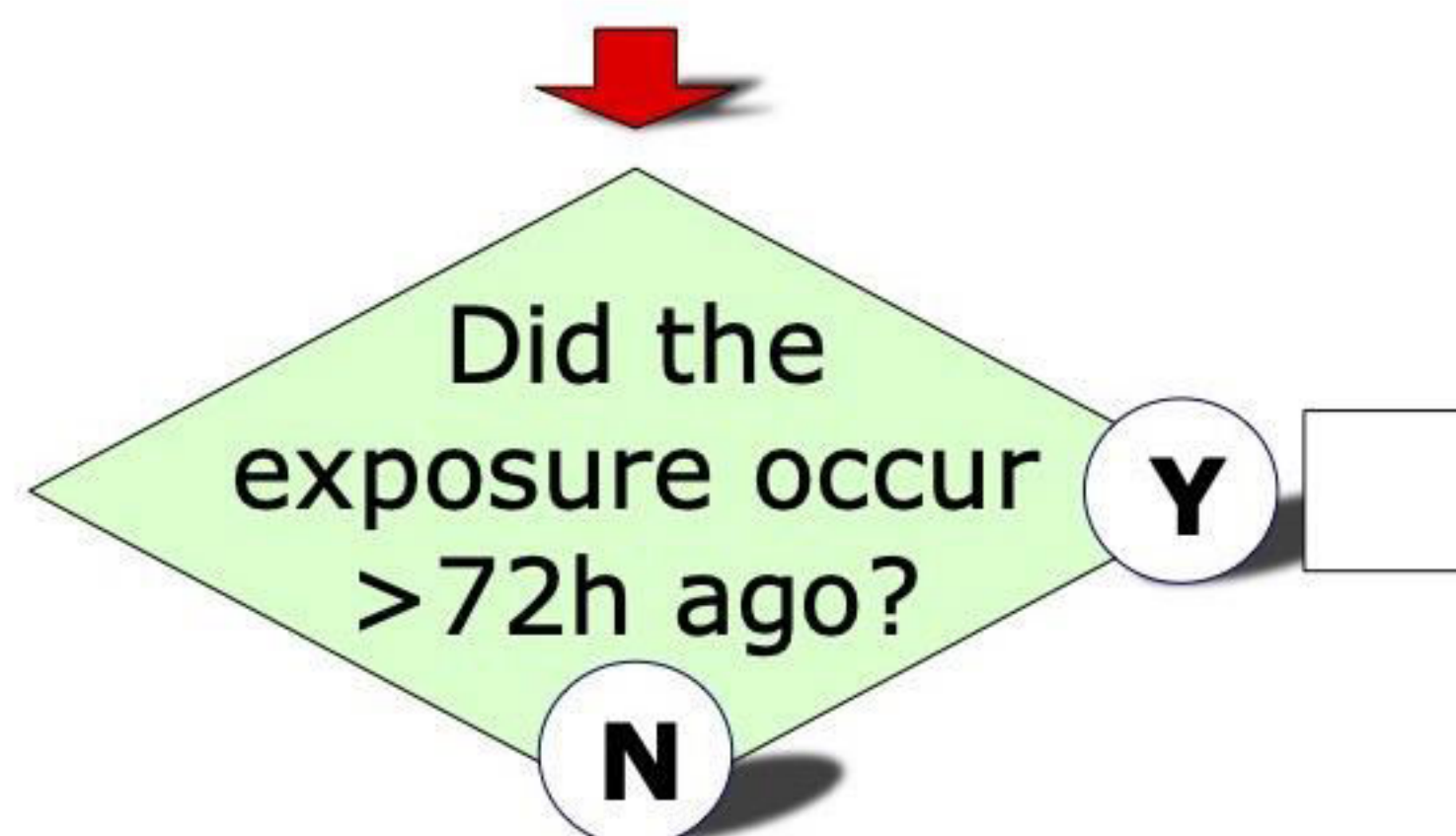
Patient details

Full name

DoB

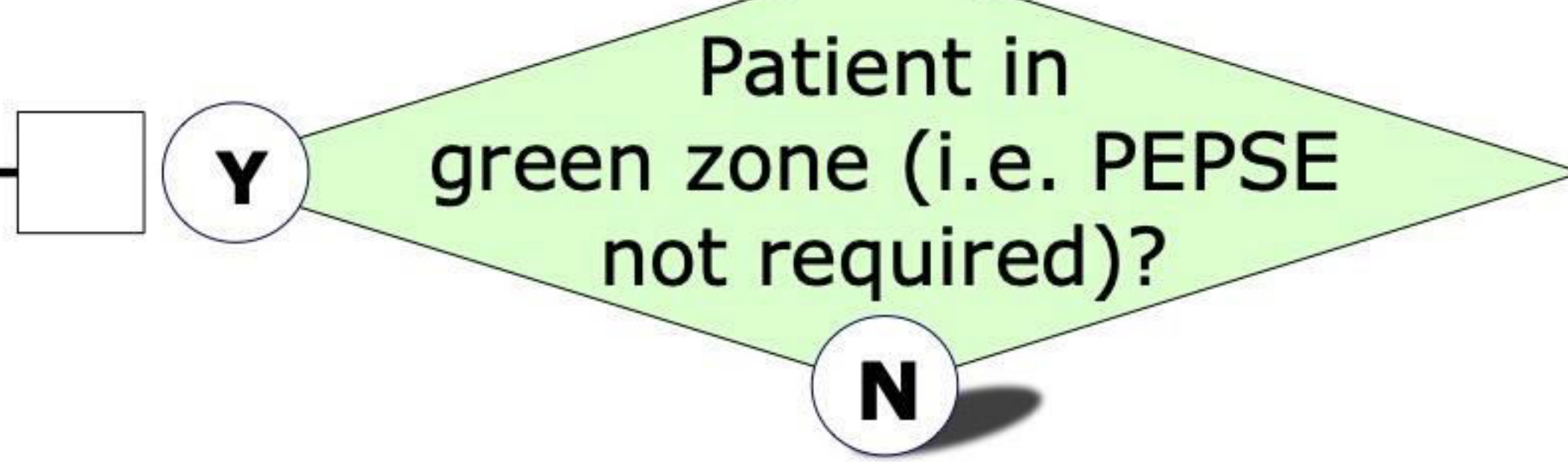
Unit number

(use sticker if available)



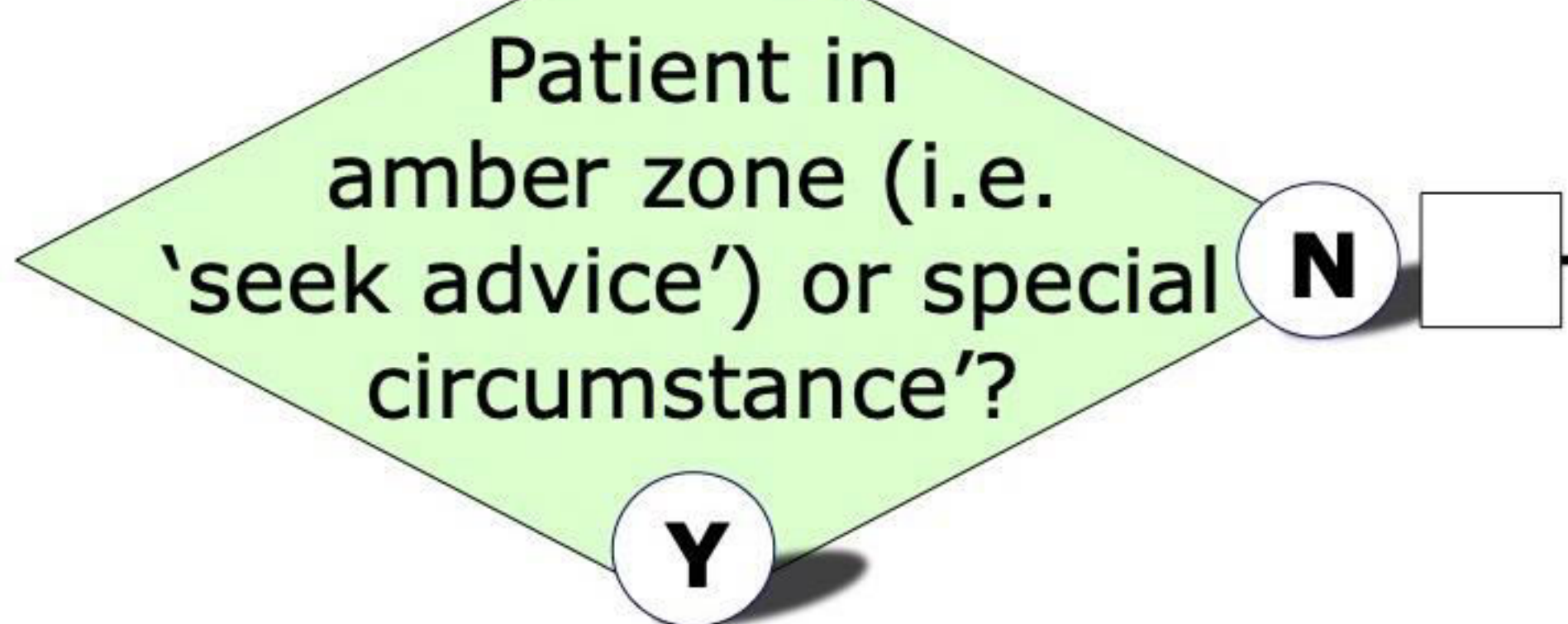
PEPSE NOT appropriate
Advise patient to book appointment with Leicester Sexual Health (LSH, in Haymarket Shopping Centre) or alternative locations ASAP
Provide them with LSH [Contact Details Sheet](#) (includes map)

Complete HIV transmission risk assessment matrix on reverse



'Special circumstances' include any of the below:

- Pregnancy (consider testing as applicable)
- Known or suspected eGFR<50
- Index (= source) is HIV positive on antiretroviral therapy
- Patient is on rifampicin, phenobarbital, oxcarbazepine, phenytoin or carbamazepine, or takes regular calcium, iron, magnesium or aluminium (which can be found in multi-vitamin supplements / indigestion remedies)
- Patient has already been taking PrEP (pre-exposure prophylaxis)



Complete HIV PEPSE bundle

- Take an HIV PEPSE pack from Majors TTO pre-pack cupboard
- Read '[Information for prescribers](#)' sheet (stapled to the outside of the pack) and discuss all items stated on its page 2 with patient
- Prescribe PEPSE exactly as per instructions in pack
- Ensure first dose is taken in the ED
- Place prescription into the labeled wallet on the front of the cupboard
- Record details in the 'Pre-Pack Medicine Register (near cupboard)
- Take blood for 'Bloodborne virus screen (HIV, HBV & HCV) and Syphilis Serology (on ICE, click top 'Micro/Virology' tab then 'UHL Virology' on the left), U&E and LFT
- Offer first dose of an ultra-rapid HB immunisation course (Engerix B 20 micrograms into deltoid muscle) unless patient is already immune or known non-responder to vaccine
- Email a completed [LSH referral](#) to LLRHealthAdvisingTeam@mpft.nhs.uk
- Advise patient that they will be contacted by Leicester Sexual Health (LSH) within 48h with details of follow-up arrangements
- Provide them with an LSH [Contact Details Sheet](#) (includes map)
- If you had contacted LSH doctor, record their full print name in notes

Call Leicester Sexual Health (LSH) duty doctor for advice 24/7

- At Haymarket Health
Mon – Fri 09:00 – 18:30
Sat 11:00 – 15:30
on **0300 124 0102**
- Via UHL switchboard if closed



Reassure patient

Patient was managed by

Print name

Signature

Position

Date

Time completed

Sexual HIV transmission risk assessment matrix

tick applicable sexual behaviours & index HIV status group

Patient details

Full name

DOB

Unit number

(use sticker if available)

Sexual activity	HIV status of 'index' (= sexual partner / source / assailant)				
	Positive	Unknown	Positive	Positive	Unknown
<input type="checkbox"/> Receptive anal sex	<input type="checkbox"/> Viral load detectable or unknown	<input type="checkbox"/> High prevalence group • Man who has sex with men • Injecting drug user • Originating from a country with HIV prevalence $\geq 1\%$ (see Wikipedia page)	<input type="checkbox"/> Index has had undetectable HIV viral load (< 200 copies/mL) since less than 6 months, or been on antiretroviral therapy less than 6 months, or adherence is in doubt	<input type="checkbox"/> Index has been on antiretroviral therapy over 6 months with good adherence, and with undetectable HIV viral load (< 200 copies/mL) within the last 6 months	<input type="checkbox"/> Not from high prevalence group
<input type="checkbox"/> Insertive anal sex	Start PEPSE	seek advice	Start PEPSE		
<input type="checkbox"/> Sharing injecting equipment (AKA 'slam sex')	Start PEPSE	seek advice			
<input type="checkbox"/> Receptive vaginal sex	Start PEPSE	seek advice			
<input type="checkbox"/> Insertive vaginal sex	seek advice				
<input type="checkbox"/> Bite (= breakage of the skin of either person with passage of blood) if source has known advanced HIV with high viral load AND • Blood in oropharynx from trauma • Bite caused deep wounds	seek advice				
<input type="checkbox"/> Bite (= breakage of the skin of either person with passage of blood) without any of the risk factors above					
<input type="checkbox"/> Receptive oral sex (giving fellatio)					
<input type="checkbox"/> Insertive oral sex (receiving fellatio)					
<input type="checkbox"/> Splash of semen into eye					
<input type="checkbox"/> Cunnilingus (oral sex involving the female genitalia)					

PEPSE not indicated and advice from Leicester Sexual Health not required as HIV transmission risk is less than 1 in 10.000