

Trust Board – 7th May 2015

On-going Funding for Meaningful Activities Services

DIRECTOR:	Carole Ribbins, Acting Chief Nurse								
AUTHOR:	Heather Leatham, Assistant Chief Nurse								
DATE:	7 May 2015								
PURPOSE:	<p>Introduction The Trust currently has a Meaningful Activities Service consisting of three permanently funded posts and seven charitable funds supported posts. This service has been running for two years and is highly successful with the benefits for patients and staff being celebrated internally and externally to the Trust.</p> <p>The role's effectiveness significantly contributes in supporting teams in: reduction of falls, increasing flow of discharge, prompting dementia screening, improving wellbeing and reduction of challenging behaviour, increasing nutritional intake and hydration, improving carer/family involvement in completing Patient Profiles, improving safeguarding and unsafe wandering, detecting pain, prevention of pressure ulcers, reduction in the use of anti-psychotic medication.</p> <p>Over the last twelve months the Meaningful Activity Service have supported 730 patients (and their carers where relevant) through activity.</p> <p>On- Going Funding In August 2015 the charitable funding that supports seven of these posts finishes and therefore on-going funding is required. The service will require funding for 12 months to allow retention of trained staff:</p> <table border="1"> <tr> <td>Posts</td> <td>12 months</td> </tr> <tr> <td>6 x Midpoint band 3 with on costs</td> <td>£127,596</td> </tr> <tr> <td>1 x Midpoint band 6 with on costs</td> <td>£36,151</td> </tr> <tr> <td>TOTAL</td> <td>£163,747</td> </tr> </table> <p>The Charitable Funds Committee / Trust Board are asked to:</p> <ul style="list-style-type: none"> • Receive and note this report • Support the above proposal for the on-going funding of the Meaningful Activities Service. 	Posts	12 months	6 x Midpoint band 3 with on costs	£127,596	1 x Midpoint band 6 with on costs	£36,151	TOTAL	£163,747
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TOTAL	£163,747								
PREVIOUSLY CONSIDERED BY:	Executive Workforce Board								
Objective(s) to which issue relates *	<input checked="" type="checkbox"/> 1. Safe, high quality, patient-centred healthcare <input type="checkbox"/> 2. An effective, joined up emergency care system <input type="checkbox"/> 3. Responsive services which people choose to use (secondary, specialised and tertiary care) <input type="checkbox"/> 4. Integrated care in partnership with others (secondary, specialised and tertiary care) <input type="checkbox"/> 5. Enhanced reputation in research, innovation and clinical education								

	<input checked="" type="checkbox"/> 6. Delivering services through a caring, professional, passionate and valued workforce <input type="checkbox"/> 7. A clinically and financially sustainable NHS Foundation Trust <input type="checkbox"/> 8. Enabled by excellent IM&T
Please explain any Patient and Public Involvement actions taken or to be taken in relation to this matter:	The Meaningful Activities Service has been evaluated by carers and the public with exceptionally positive feedback provided.
Please explain the results of any Equality Impact assessment undertaken in relation to this matter:	This proposal did not require an equality impact assessment
Organisational Risk Register/Board Assurance Framework *	<input type="checkbox"/> Organisational Risk Register <input type="checkbox"/> Board Assurance Framework <input checked="" type="checkbox"/> Not Featured
ACTION REQUIRED * For decision <input checked="" type="checkbox"/> For assurance <input type="checkbox"/> For information <input type="checkbox"/>	

- ♦ We treat people how we would like to be treated ♦ We do what we say we are going to do
- ♦ We focus on what matters most ♦ We are one team and we are best when we work together
- ♦ We are passionate and creative in our work

* tick applicable box

UNIVERSITY HOSPITALS OF LEICESTER NHS TRUST

Report To: Charitable Funds Committee / Trust Board

Report From: Carole Ribbins, Acting Chief Nurse

Report By: Lara Wealthall, Dementia Sister
Heather Leatham, Assistant Chief Nurse

Date: 7 May 2015

Subject: On-going Funding for Meaningful Activities Services

1. INTRODUCTION

Approximately one in four older people in acute hospitals suffer from dementia. People with dementia are vulnerable to illness, accidents and falls, all of which extend their stay in hospital. Meaningful activity improves the wellbeing of people with dementia and promote a closer working relationship with carers.

The Trust currently has a Meaningful Activities Service consisting of three permanently funded posts and seven charitable funds supported posts. This service has been running for two years and is highly successful with the benefits for patients and staff being celebrated internally and externally to the Trust.

The currently seven Charitable Funded posts will cease in August 2015. Through the Trust's financial prioritisation process a paper to continue this service was submitted and not financially supported. Therefore the service seeks financial support from the Charitable Funds Committee for the next year.

2. CURRENT POSITION

Meaningful Activities have been identified as a way to improve the experience and wellbeing of people with dementia and their carers. In the last twelve months, Meaningful Activity Facilitators have been appointed and will cover ten wards across two sites including an on-call service for challenging situations within the wards.

3. IMPACT OF THESE ROLES

Nationally it is clearly acknowledged that the introduction of Meaningful Activities for patients suffering from dementia can have a marked positive effect.

The role's effectiveness significantly contributes in supporting teams in:

- Reduction of falls
- Increasing flow of discharge
- Prompting dementia screening
- Improving wellbeing and reduction of challenging behaviour
- Increasing nutritional intake and hydration
- Improving carer/family involvement in completing Patient Profiles
- Improving safeguarding and unsafe wandering

- Detecting pain
- Prevention of pressure ulcers
- Reduction in the use of anti-psychotic medication.

This role is an enormous support for medical, multi-disciplinary and nursing teams. Local patient and carer feedback has been overwhelmingly positive.

4. OUTCOME MEASURES

4.1 ACTIVITY

Over a twelve month period, the Meaningful Activity Service have supported 730 patients (and their carers where relevant) through activity.

Figure 1 – Summary of activities undertaken

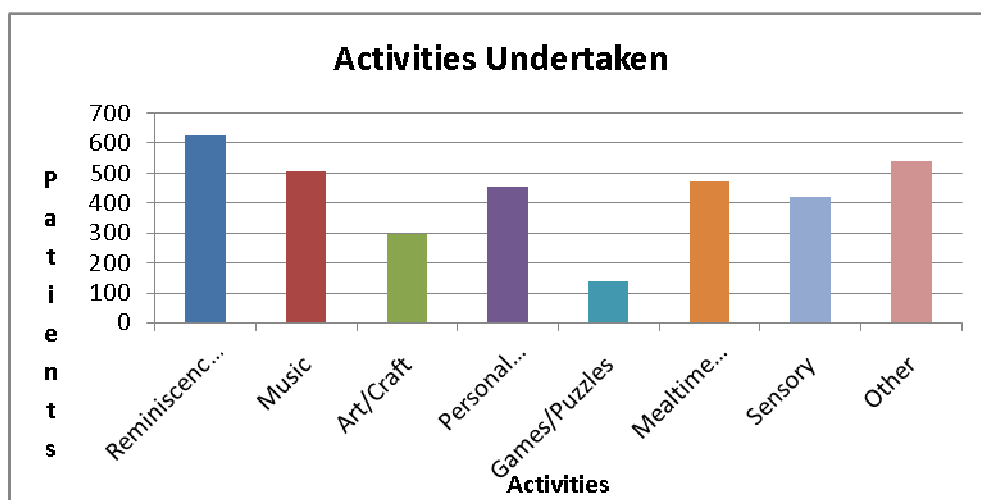
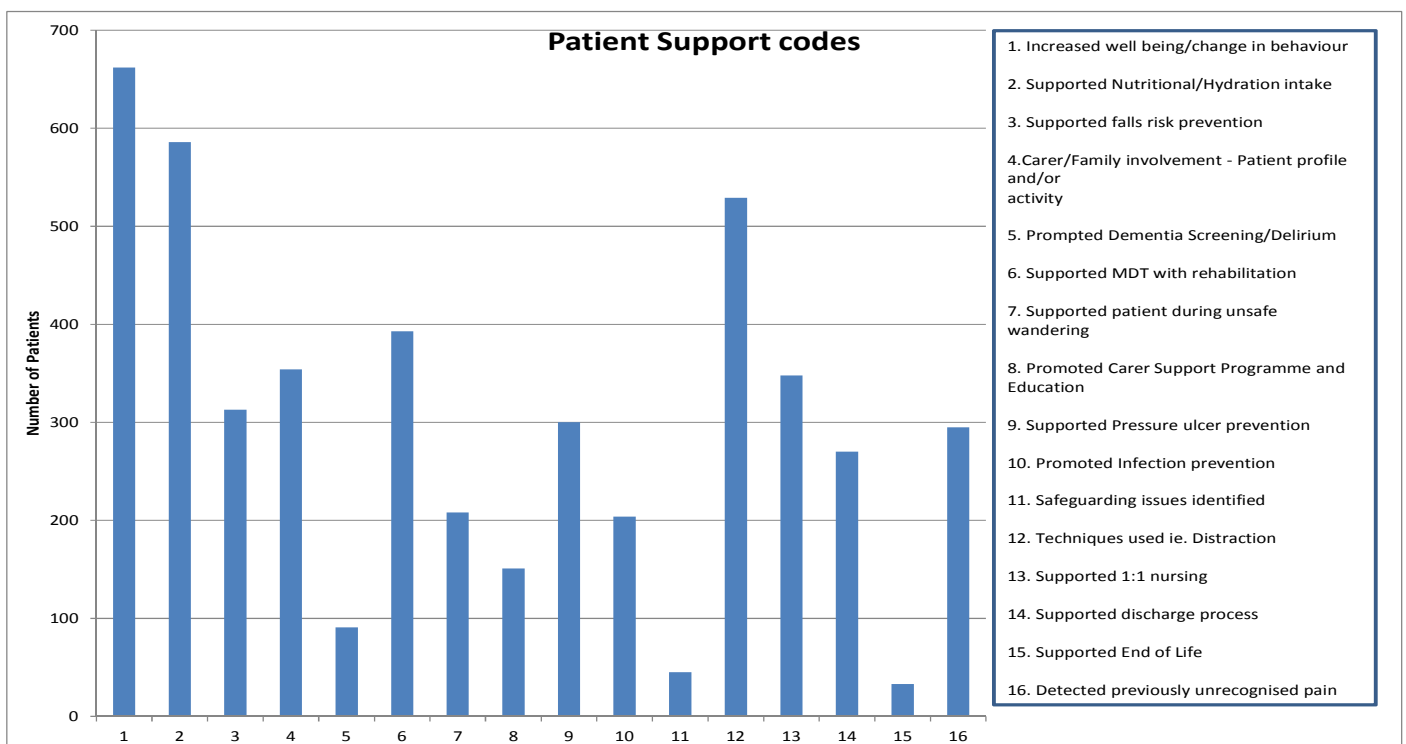


Figure 2 - Impact of Meaningful Activity Role



4.2 KEY OUTCOMES

- Over 80% of patients were either assisted or prompted with their nutritional intake during or as part of an activity.
- For 662 patients, a positive change in wellbeing and behaviour was noted after being involved with meaningful activity.
- 354 carers were actively involved with activities.
- For 529 patients, techniques such as distraction, mirroring and orientation through visual prompts were used to achieve change in behaviour and reduction in agitation and aggression.
- Support was provided to 58 patients with other complex behaviour such as learning disabilities, depression and neurological, cognitive impaired conditions.
- 295 patients were made more comfortable through the detection of pain.
- 43% of all patients referred to the Meaningful Activity Service were identified as high risk of falls.

4.3 CARER AND PATIENT FEEDBACK

Improving carer involvement is evident in particular with completion of the patient profile. Locally, a Meaningful Activity Survey has been given to carers and family members to review the service. A total of 130 responded to the questionnaire, of which:

- 96% thought that their family member's experience in hospital had been improved by the Meaningful Activities Service.
- 96% thought that appropriate activities were provided.
- 82% were 'extremely likely' and the other 18% 'likely' to recommend the Meaningful Activities Service to others.

Common themes from free text comments from carer feedback highlighted; they have seen a 'significant improvement' in the patient's well-being; that patients are 'feeling the benefits of having a Meaningful Activity Facilitator involved in the patients care.

In addition, staff have also reported the Meaningful Activity Service is having a positive effect on other patients on wards, who do not have dementia. This is due to Facilitators focusing on activities which distract people with dementia who are challenging towards other patients on their wards.

4.4 COST EFFECTIVENESS

Qualitative data is suggesting the service is reducing costs (both human and financial) associated with malnutrition, dehydration, falls and fractures, delirium, 'patient vulnerability' (i.e. reduced incidences of wandering) and decreasing length of stay in hospital.

5. PROPOSAL

Secure permanent funding for the seven posts as outlined below to allow the continued provision of Meaningful Activities Facilities to cover ten wards including designated older peoples wards within UHL. The team also support the application of Meaningful Activities in

other relevant areas such as the Discharge Lounge, Emergency Department and admission facilities. The team are also fostering 'Forget Me Not' volunteers to allow the service to reach more patients and host 'Forget Me Not' afternoon events across the Trust.

5.1 FINANCIAL SUPPORT REQUIRED

The service will require funding for **12 months to allow on-going retention of trained staff:**

Posts	12 months
6 x Midpoint band 3 with on costs	£127,596
1 x Midpoint band 6 with on costs	£36,151
TOTAL	£163,747

6. RECOMMENDATIONS

The Charitable Funds Committee / Trust Board are asked to:

- Receive and note this report.
- Support the above proposal for the on-going funding of the Meaningful Activities Service.